



# Registration Night

SPROCKIDS 'Introduction to Cycling' Program  
For youth ages 10-12 years

**Monday, July 11, 2016**

**6:00-7:00 pm**

**Bonne Bay Health Centre Parking Lot**

Cost: \$35 for Bicycle NL Insurance



Sessions will be Tuesdays and Thursdays from 1:00-3:00 pm

If you are using your own bike, please bring it with you on Monday.

A limited number of bikes are available on loan, if needed

**Helmets are Mandatory!!!**

For more information, please contact

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